## P\&P "GOTCHA ${ }^{\text {TM }}$ " RESCUE SYSTEM <br> USERS OPERATING INSTRUCTIONS



V3 0916

- Attach a casualty who is suspended by a fall arrest lanyard.
- Raise the casualty in order to release their current lanyard.
- Raise or lower the casualty to a point of safety.

The above capabilities are all achievable without the need for the rescuer to access the casualty. In order to carry out this, the rescuer must be able to access the point at which the casualty anchored their lanyard. The control feature of the rescue kit locks automatically if released.

The "GOTCHA ${ }^{\text {TM" }}$ will be used in two different modes depending upon whether the anchor point is at the rescuers foot level or above (above being 1.5 m above to have any material effect), as this has important effects.

If the anchor is at foot level, then the system will not be able to raise the casualty sufficiently to bring them back to their start point. The casualty must be raised in order to release their lanyard, then lowered to safety. Also the rescuer is required to use their strength when raising the casualty, so the mechanical advantage is greater. (4:1)


If the anchor is 1.5 m above foot level, preferably at head height, it will be possible to raise the casualty to their start point. For this the rescuer is able to use their weight to assist in the operation and therefore the mechanical advantage is lower. (3:1)


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## HIGH ANCHOR <br> Blue Pulley to Anchor Sling

## Anchorage more than 1.5m above foot level.

1. Access casualty's anchorage point.
2. Attach the anchor sling to a suitable anchor point above the casualty.
3. The rescuer's weight is used to assist in the operation. The double pulley (blue) is clipped to the anchor sling.
4. Adjust pole to the required length.
5. Attach the red clip to the end of the pole, and clip the single pulley into the webbing.
6. Adjust ropes in-between the pulleys to the same length as the pole.
7. Set the red clip to open.
8. Using the pole, attach the red clip to the casualty's harness attachment.
9. Remove the pole from the red clip.
10. Attach the GRIGRI to the rescuer's harness.
11. Pull the slack rope through the GRIGRI to tension the system.
12. The rescuer now sits down, thus raising the casualty.
13. With one hand, the rescuer holds the rope above the GRIGRI, close to the attachment sling. With the other hand they take in the slack rope as they stand up.
14. Once the casualty's weight has been transferred to the "GOTCHA ${ }^{\text {TM" }}$ ", then their lanyard can be disconnected.
15. The casualty can now be raised to a point of safety, or lowered as follows.
16. To lower the casualty, the rescuer must take hold of the rope that exists the GRIGRI, and this is used to control the descent.
17. With the other hand release the black handle on the GRIGRI until the rope can be fed at a controllable speed. This thus lowers the casualty. (Please see note).


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16-17 If the anchor point for the "GOTCHA ${ }^{\text {TM" }}$ is such that the casualty must be lowered, then the rope length in the kit must be four times the distance from the anchorage to the point of safety.

## LOW ANCHOR Green Pulley to Anchor Sling

## Anchorage at foot level.

1. Access casualty's anchorage point.
2. Attach the anchor sling to a suitable anchor point above the casualty.
3. The rescuer will stand to help in the operation. The single pulley (green) is clipped to the anchor sling.
4. Adjust pole to the required length.
5. Attach the red clip to the end of the pole, and clip the single pulley into the webbing.
6. Adjust ropes in-between the pulleys to the same length as the pole.
7. Set the red clip to open.
8. Using the pole, attach the red clip to the casualty's harness attachment.
9. Remove the pole from the red clip.
10. Attach the GRIGRI to the rescuer's harness.
11. Pull the slack rope through the GRIGRI to tension the system and squat down.
12. The rescuer now stands up, thus raising the casualty.
13. With one hand, the rescuer holds the rope below the GRIGRI, close to the attachment sling. With the other hand they take in the slack rope as they squat down.
14. Once the casualty's weight has been transferred to the "GOTCHA ${ }^{\text {TM }}$ ", then their lanyard can be disconnected.
15. The casualty can now be lowered as follows.
16. To lower the casualty, the rescuer must take hold of the rope that exists the GRIGRI, and this is used to control the descent.
17. With the other hand release the black handle on the GRIGRI until the rope can be fed at a controllable speed. This thus lowers the casualty. (Please see note).


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Keep these instructions or a copy with the "GOTCHA ${ }^{\text {TM" }}$ to aid future inspection, and examination. The equipment must be given a visual and tactile inspection when delivered to site/works, and before every use. Pammenter \& Petrie Limited recommends recorded inspection by a competent person every 6 months.
Particular attention should be paid to the following:
Metal-ware - Inspect for signs of damage / distortion / corrosion, and correct operation and locking of connectors. Rope* - Examine for any signs of wear / abrasion, including interstrand wear, unravelling, extension and fusion.

* Local abrasion as distinct from general wear may be caused by the passage of the rope over sharp edges or protrusions while under tension and may cause serious loss of strength. Slight damage to outer fibres and occasional yarn may be considered harmless, but any reduction in diameter of the rope or serious distortion to the sheath pattern should lead to rejection.

All Personal Protective Equipment should be immediately removed from service after being subjected to any shock, or if there is any doubt about its condition, (See list above).

The "GOTCHA ${ }^{\text {TM" }}$ may be cleaned if required. The following procedure must be adhered to. Use a mild detergent with hand hot water, using a cloth or sponge to wipe the "GOTCHA ${ }^{\text {TM" }}$ and avoid over wetting. This procedure should then be repeated with clean water to rinse, then allow to dry naturally away from a direct heat source. If you require more information, please contact Pammenter \& Petrie Limited.

All equipment should be stored and transported in the following manner:

- To prevent contact with sharp objects.
- Away from harmful substances.
- In a cool dry place free from direct sunlight.


## P\&P SAFETY TRAINING

P\&P Safety Limited offers training either on site or at another suitable training venue, in all aspects of height safety. Courses are certificated and issued on successful completion. Although it is not compulsory, for the safety of all users P\&P Safety Limited recommends you take advantage of this training service, please contact us for further details.

